

FAIRFAX COUNTY PARK AUTHORITY

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For Immediate Release

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Go Fish Brings Back Catch-And-Release Family Fun

On Saturday, March 8, 2008 from 1 to 3 p.m., Lake Accotink Park staff will teach wildlife-friendly fishing techniques to children and accompanying adults. One of the easiest ways to ensure that fishing will remain an active pastime at Lake Accotink is by learning how to properly unhook and release fish. Join in the fun and learn the catch-and-release technique!

There are several reasons to adapt the catch-and-release method, but most importantly, it helps preserve fish populations facing challenges from several outside factors. When female fish are released back into their habitat they are given another chance to lay their eggs and reproduce, extending the fishing opportunity to future generations.

Participants will learn about the different species residing in the lake, safety and environmental issues, and what they can do to protect the lake. Programs such as Go Fish teach residents how to respect the environment while still enjoying the recreational opportunities it offers.

Bring poles and tackle from home or borrow the park's equipment. Please use only barbless hooks. The cost is \$10 per child and accompanying adults will enjoy the program free of cost. The workshop registration fee includes a free one-daytrout fishing pass. The program is suitable for children seven and older. Due to limited space, prepaid reservations are required.

Please call 703-569-0285 or visit http://www.fairfaxcounty.gov/parks/accotink for more information.

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